



Learn smart strategies to grow fantastic food in urban spaces

# Balcony & Vertical Farming Workshop

What: Zoom urban farming workshop  
 When: 10 March, 2022: 10-11.30am & 7-8.30pm  
 Fee: **FREE** + optional charged extras (see below)

To reserve a place, PM Jon Walsh or mail him at: [info@businessgrow.net](mailto:info@businessgrow.net)

**Learn how to grow your own – at home!**

## Grow big and grow up!

Want to find out what kinds of healthy food you can grow on your balcony, deck and even walls, and learn the skills you need to do it?

Sign up for this **exclusive Zoom workshop with urban farming expert Jon Walsh (bio)** and learn practical skills to transform your empty spaces into fragrant food sources.

You'll discover over 20 different ways to grow food on balconies, vertically, and even in thin air!

You'll also learn how **growing your own food is one of the easiest and most enjoyable ways to not only take greater control of your health**, but also boost disaster preparedness and live a more planet-friendly lifestyle.

### Why it's all good – learn

- ✓ Knowledge and skills that will help you grow a wide range of fresh, tasty, no-spray vegetables and herbs at your home & workplace
- ✓ How to save money and improve your health
- ✓ How to boost food independence and increase survival chances if a major disaster strikes
- ✓ Food production skills to pass on to the next generation, & more!

## What you will learn

- ✓ Balcony and vertical farming – Key points
- ✓ Why grow food in the city?
- ✓ Where can we grow food in urban locations?
- ✓ What kinds of food can grow on a balcony?
- ✓ Balcony garden preparation – Equipment and layout
- ✓ Where to buy gardening equipment
- ✓ How to set up a **balcony garden**
- ✓ 20+ ways to grow food in pots, planters, buckets, bags, etc.
- ✓ How to build a **frame garden**
- ✓ How to build a **fence pot garden**
- ✓ How to build a **PET bottle fence garden**
- ✓ How to build **chain gardens** and grow food in thin air
- ✓ **Raised gardens:** what they are and how to build them + more!

## Optional SmartGrower Pack – pay just 9,995 yen

- ✓ **'How to Grow Healthy Food in the City'** – The only food growing guide you will ever need. Contains 60 info-packed **pages**
- ✓ **Beginners Food Growing Pack** – Everything you need to know to start growing fresh, healthy, great tasting food in the city.
  - ➔ Includes 4 essential bilingual (English/Japanese) resources:
    - 1/ Garden equipment shopping guide
    - 2/ Guide to interpreting Japanese seed packets
    - 3/ Japan planting calendar – Learn what to plant when
    - 4/ Vegetable/herbs name list
- ✓ **Fundamentals #1:** Guide to growing vegetables from seeds
- ✓ **Fundamentals #2:** Guide to transplanting seedlings
- ✓ **10% off the Urban Farming Quick Start Pack** consulting service
- ✓ **Balcony Gardening Guide + Photo Pack**
- ✓ **Balcony gardening ideas and tips sheet**
- ✓ **Raised garden building guide** ([sample pages](#))
- ✓ **10% off the Urban Farming SuperPack** → Contains practical hands-on guides and essential 'seed-to-salad' information to help you start growing fresh, healthy urban food!
- ✓ **Chain garden building guide** – Grow food in thin air!

